

**Bachelor of Science in KINESIOLOGY (Applied Health)**

NAME

DATE

**GENERAL EDUCATION (42 credits)**

**BASIC LITERACY (9)**

- COMM 1260 Oral Communication (3; F/Sp) \_\_\_\_\_
- \*ENGL 1220 Principles of College Writing II (3; F/Sp) \_\_\_\_\_
- \*MATH 2610 Statistics (3; S) \_\_\_\_\_

**ARTS & HUMANITIES (12)**

***One of the following (3):***

- POLS 2700 Intro to Political Science (3; F) \_\_\_\_\_
- POLS 2720 American Government (3; Sp) \_\_\_\_\_

***One of the following (3):***

- §HUMA 1450 World Civilizations I (3; F) \_\_\_\_\_
- §HUMA 1460 World Civilizations II (3; Sp) \_\_\_\_\_

***One of the following (3):***

- \*§ENGL 3220 World Literature (3; F/Sp) \_\_\_\_\_
- \*§MUSI 3690 Music in World Cultures (3; Sp) \_\_\_\_\_
- HUMA 2440 Fine Arts in Western Culture (3; Sp) \_\_\_\_\_

***One of the following (3):***

- HIST 2330 US History to 1877 (3; F) \_\_\_\_\_
- HIST 2340 US History from 1877 (3; Sp) \_\_\_\_\_
- ENGL XXXX Any Literature (3) \_\_\_\_\_
- \*§LANG 2XXX or 3XXX modern foreign language (3) \_\_\_\_\_
- MUSI 1600 Music in History and Context (3; Sp) \_\_\_\_\_
- PHIL 3010 Philosophy and Critical Thought (3; F/Sp) \_\_\_\_\_

**SCIENCES & SOCIAL SCIENCES (12 credits)**

- \*BIOL 1310 Human Anatomy (4; F) \_\_\_\_\_
- \*BIOL 1320 Human Physiology (4; Sp) \_\_\_\_\_
- PHED 1100 Fitness and Wellness (1) \_\_\_\_\_
- PSYC 1600 Intro to Psychology (3; F) \_\_\_\_\_

**BIBLICAL STUDIES (9 credits)**

- BIBL 1300 Literature of the Old Testament (3) \_\_\_\_\_
- BIBL 1310 Literature of the New Testament (3) \_\_\_\_\_
- \*CORE 2000 Engaging Faith & Society (3) \_\_\_\_\_
- LEAD 2000 Service Seminar (0) \_\_\_\_\_

**Cross-Cultural Double Dip (0-6 credits)**

§HUMA 1450 World Civ I or HUMA 1460 World Civ II (3) in GE \_\_\_\_\_

*Students must complete 6 credits of cross-cultural courses. Look for courses on this sheet with § or refer to catalog for a complete list.*

*FYE is required for incoming students with fewer than 24 credits, and will count as an unrestricted elective.*

*\*Course has prerequisites; consult course descriptions in catalog*

**MAJOR REQUIREMENTS (51 credits)**

- CHEM 1510 General Chemistry I (4; F) \_\_\_\_\_
- \*MATH 1830 Precalculus (3; Sp) \_\_\_\_\_
- BIOL 2120 Medical Terminology (2; Sp) \_\_\_\_\_
- \*BIOL 2110 Nutrition (3; F) \_\_\_\_\_
- KINS 2100 Intro to Kinesiology (3; F) \_\_\_\_\_
- PSYC 2625 Research Methods (3,S) \_\_\_\_\_
- \*KINS 3000 Contemporary Health Issues (3; F) \_\_\_\_\_
- \*KINS 3100 Exercise Physiology (3; F) \_\_\_\_\_
- \*KINS 3200 Measurement/Evaluation/Kinesiology (3; S) \_\_\_\_\_
- \*KINS 3210 Care/Prev. of Athletic Injury (3; S) \_\_\_\_\_
- \*KINS 3300 Biomechanics (3; S) \_\_\_\_\_
- \*KINS 4100 Exercise & Sports Psychology (3; F) \_\_\_\_\_
- \*KINS 4200 Exercise Prescription (3; S) \_\_\_\_\_
- \*KINS 4430 Applied Motor Development (3; F) \_\_\_\_\_
- \*KINS 4460 Exercise & Nutrition for Spec Pop (3,S) \_\_\_\_\_
- \*KINS 4500 Organization/Administration/Kines (3; S) \_\_\_\_\_
- \*KINS 4300 Clinical Experience (3; F/S) \_\_\_\_\_

**Restricted ELECTIVES (12)**

*Choose from any Science with Lab, and MATH higher than Precalculus, ANTH-3110, and PSYC 2xxx or higher, and KINS 2xxx or higher not already used in GE or Major.*

***Physical Therapy Suggested:***

- BIOL 1510 General Biology I (4; F) \_\_\_\_\_
- CHEM 1520 General Chemistry II (4; Sp) \_\_\_\_\_
- PHYS 2110 General Physics I (4; F) \_\_\_\_\_
- PHYS 2120 General Physics II (4; Sp) \_\_\_\_\_
- PSYC 3016 Lifespan Development (3; F) \_\_\_\_\_

***Occupational Therapy Suggested:***

- PSYC 2040 Psychopathology (3; Sp) \_\_\_\_\_
- PSYC 3016 Lifespan Development (3; F) \_\_\_\_\_
- ANTH 3110 Cultural Anthropology (3; F) \_\_\_\_\_
- PSYC 4680 Physiological Psychology (3; E F) \_\_\_\_\_

***Athletic Training Suggested:***

- BIOL 1510 General Biology I (4; F) \_\_\_\_\_
- CHEM 1520 General Chemistry II (4; Sp) \_\_\_\_\_
- PHYS 2110 General Physics I (4; F) \_\_\_\_\_
- KINS 4600 Internship (3; F/Sp) \_\_\_\_\_

**UNRESTRICTED ELECTIVES (15)**

**TOTAL PROGRAM**

General Education	42
Kinesiology Major (at least 24 UPPER DIVISION)	51
Restricted Electives	12
Unrestricted Electives	15
<b>TOTAL (at least 30 UPPER DIVISION)</b>	<b>120</b>

